

## SATYANARAYANA POOJA

Pooja Item	Qty
Turmeric Powder	1/2 cup
Kumkum	1/4 cup
Sandalwood Powder (Chandan)	1/4 cup
Akshata (Rice smeared with Turmeric)	1 cup
Betel Leaves	10
Betel Nuts (Pieces or Powder)	10
Mango Leaves	5
Camphor	1 packet
Edible camphor	1tsp
Agarbathi	1 packet
Nava Dhaanya packets	9 varieties of grains.
Navagraha vastram	1 set
Rice	1lb
Bananas	10
Apples & Oranges	4 each
Coconuts	3 *If you want to break a coconut after each chapter of the Katha, please buy 8 coconuts
Milk, 2 cups, Ghee 2 tbsp, brown sugar, 1/4 cup, yogurt 1cup, and honey	for abhishekam
Blouse Piece (Except blue, black or white)	3 pieces
Flowers	4 bunches (out of the four one should be a dozen roses or good size carnation)
Tulsi Leaves	If available
Flower garlands	1 for Satyanarayana Swamy Picture two very small ones for Abhisheka Vighrams
Kalagam	2
Lamp (Deepam)	2
Panchmukhi Arathi with a plate to keep it	1
Wicks for Panchmukhi Arathi	5
Wicks for regular lamps	10
Sesame oil or Ghee for lamps	
Bell	1
Match Box Or Lighter	1
Coins (quarters or dollar coins)	\$10
Serving/holding Trays (Steel or plastic)	5 (If not available add 5 more aluminum foil trays)
Paper Towels	1 roll
Small Bowls (Stainless steel or Brass)	6
Spoons (Stainless Steel or Plastic)	6
Panchapatra & Udarni (Brass or stainless steel cup and spoon)	1
Picture or Idol of your family GOD (or ishta devata)	1 as appropriate
Small Ganesh Idol	1

Picture of Lord Satyanarayana	1
Saligramam if available, if not can use Vishnu or Balaji Idol	1
Lakshmy Idol	1
Low table (reachable to put flowers while sitting and chanting archana mantras) with a tablecloth where you can arrange all the Idols/pictures)	1
Aashirvad dress for the couple doing the pooja	Optional (some families have this custom)
Satya Narayana Katha Printout	

# SATYA

## Morning of the pooja

Take bath and prepare the following

Prasad(according to your custom - made or cooked on the day of the pooja) - Kheer, Sheera (Sooji Halwa) etc. fruits and dry fruits Almonds, cashews, raisins a handful

Akshatha

Flowers

Lamps(Deepams) and Arathi plate

Ghee or sesame oil

**Dress for pooja according to your tradition/custom**

If any special arathi song need to be sung, please be p

# NARAYANA POOJA

Quantity as desired ( depending on the number of people that you are inviting)

Take a handfull of rice. Put a drop of water or ghee add 2 or 3 pinches of turmeric powder and mix well so that the rice is yellowish and keep in a bowl

Separate some of the rose flowers and some of the other flowers into petals so that they look colorful and keep it in an Aluminum foil tray. This will be used for the archana. We can separate the remaining flowers into petals as and when it is needed.

Put oil/ghee and wicks (Oil is preferred during winter since ghee has a tendency to solidify and the lamp will turn off)

Ghee Keep it melted - for cold weather, prefer sesame oil

prepared to sing it during arathi.